

A		B	C
1	Strength Training	Cardio Training	Miscellaneous
2			
3	(10) olympic bars	Cybox Arc Trainer	(2) Panasonic 24" box TV's with mounts
4	1125lb weight plates	Life Cycle upright bike	(2) Sun Capture VHO 2.0 tanning booths
5	2863lbs weight plates	Life Fitness 9100 Elliptical	10 blue stacking chairs
6	2-drawer file cabinet	Life Fitness 9100 elliptical	100 lockers by Holman with hasps
7	500lbs rubber bumper plates	Life Fitness 9100 elliptical	14-slot wood magazine rack
8	750lbs weight plates	Life Fitness 9100 elliptical	14-slot wood magazine racke
9	90-degree bench	Life Fitness 9500 elliptical	14-slot wooden magazine rack
10	AB roller	Life Fitness 9500HR elliptical	2 Hussman glass door coolers
11	Ab roller	Life Fitness Folke	2 touchless roll towel dispensers
12	bar holder	Precor C764 step	20' steel ladder
13	bar holder	Precor C764 step	24" floor fan
14	bench	Precor EFX 546	25' scaffold system
15	bench	Precor EFX 546	2x6 mirror
16	2 Concept II rowers	Precor EFX 546 elliptical	3 blue locker room benches
17	Cybex adjustable bench	Ruzer spinning bike	30' fiberglass extension ladder
18	Cybex cable crossover	Schwinn recumbent bike	300 s.f. wall mirrors
19	Cybex calf raise	Sprint step	300 s.f. wall mirrors
20	Cybex dual pulldown	Sprint treadmill	300 s.f. wall mirrors
21	Cybex hack squat	Stairmaster 4000PT	3x12 mirror
22	Cybex leg curl	Star Trac 4000 treadmill	4 blue stacking chairs
23	Cybex leg extension	Star Trac 4000 treadmill	40 steps with risers
24	Cybex leg press	Star Trac 4000 treadmill	5 blue locker room benches
25	Cybex smith machine	Star Trac 4000 treadmill	5x6 mirror
26	Cybex smith machine	Star Trac 4000 treadmill	6 blue locker room benches
27	Cybex smith machine	Star Trac 4000 treadmill	6' step ladder
28	deadlift platform	Star Trac Elliptical Edge	80 lockers by Holman with hasps
29	dip stand	Star Trac elliptical edge	blue steel locker room bench
30	Donkey calf	Star Trac elliptical edge	Detecto beam scale
31	flat bench	Star Trac elliptical edge	Exerbands
32	Hammer Strength 4-way neck	Step mill	floor fan
33	Hammer Strength adjustable bench	Tectrix bike max	Halsey Taylor drinking fountain
34	Hammer Strength bench	Tectrix Climbmax 150 step	hand dryer
35	Hammer Strength bench press	Tectrix Climbmax step	Insignia CD player
36	Hammer Strength bench press	Tectrix Climbmax step	Insignia CD player/amp/2speakers
37	Hammer Strength dip	Tectrix Climbmax step	magazine rack
38	Hammer Strength flat bench	Tectrix recumbent bike	Peavy 4-way mixer, 20amp

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1	Strength Training	Cardio Training	Miscellaneous
2			
39	Hammer Strength incline	Tectrix recumbent bike	Peavy PA speakers with mounts
40	Hammer Strength incline bench	Trotter 540 treadmill	plastic partition wall system
41	Hammer Strength incline bench	Trotter 540 treadmill	PT balls with rack
42	Hammer Strength incline bench	Trotter 540 treadmill	RCA 24" box TV with mount
43	Hammer Strength iso-low rower	Trotter 540 treadmill	red tabel with 2 chairs
44	Hammer Strength leg curl	Trotter 540 treadmill	sauna system
45	Hammer Strength leg extension	Trotter 600H	sauna system
46	Hammer Strength leg press	True treadmill	Speed Queen commercial gas dryer
47	Hammer Strength seated curl	Schwinn Air Dyne	Speed Queen commercial washer
48	Hammer Strength shoulder press		Toshiba box TV with mount
49	Hammer Strength shrug		touchless roll towel dispenser
50	Icarian bicep curl		various D-balls with rack
51	Icarian cable crossover		vertical floor lamp
52	Icarian decline bench		14-slot wooden magazine rack
53	Icarian flat bench		300 s.f. wall mirrors
54	Icarian incline bench		300 s.f. wall mirrors
55	Icarian lateral raise		300 s.f. wall mirrors
56	Icarian military press		blue steel locker room bench
57	Icarian overhead extension		
58	Icarian pec dec		
59	Icarian rear delt		
60	Icarian single leg curl		
61	Icarian tricep pushdown		
62	Icarina pin-select bench		
63	lat pulldown		
64	lat pulldown		
65	military press bench		
66	power cage		
67	reverse hyperextension		
68	seated rower		
69	squat rack		
70	T-bar rower		
71	T-bar rower		
72	T-bar rower		
73	Thera-crunch		
74	Total bicep curl		

A		B	C
Strength Training		Cardio Training	Miscellaneous
1			
2			
75	True stretch cage		
76	weight tree		
77	weight tree		
78	weight tree		
79	weight tree		
80	weight tree		
81	weight tree		
82	weight tree		
83	weight tree		
84			
85	calf raise stand		
86	chalk bin		
87	Cybex leg press		
88	Cybex glute		
89	incline bench		
90	Thera Crunch		
91	Cybex press		
92	Cybex pulldown		
93	Cybex chest press		
94	236lbs dumbbells		
95	Cybex adduction machine		
96	Cybex abduction machine		
97	Cybex multi-hip		
98	Cybex assisted chin/dip		
99	Roman chair		

D	
1	<b>Dynamic Golf</b>
2	
3	9 heavy putters
4	heavy putter staff bag
5	4'x20' Dream Green
6	Mega putt station
7	(2) leather chairs
8	standing magazine rack
9	brushed steel table
10	2 5x8 mirrors
11	6 putting arcs
12	Phillips 40" flat TV with mounts
13	Mitchell shaft frequency bench
14	Mitchell steel club angle machine
15	Craftsman 4-drawer chest
16	Mitchel grip station machine
17	shaft cutoff saw
18	2 belt grinders
19	Zelocity launch monitor
20	red table with 3 chairs
21	Mega system with cart
22	5x5 mirror
23	5 Fiber-Built hit stations
24	2x4 portable mirror
25	6x10 mirror
26	11,000 s.f. netting
27	all-range golf balls
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